

Daily Grind

Designed by: Janet Wecker Frisch

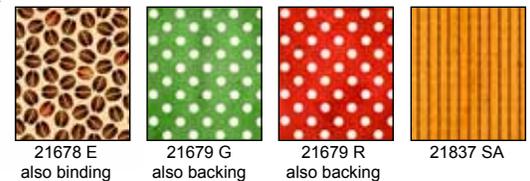
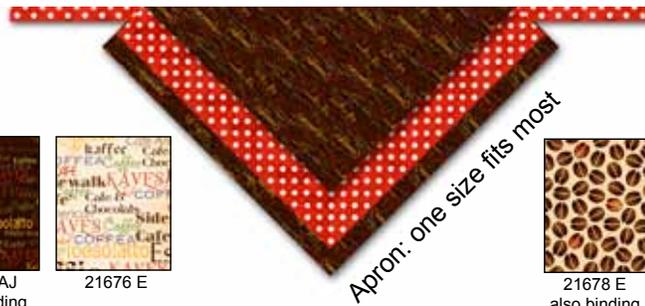
Approximate napkin size: 17" X 17"



Approximate quilt size: 61" X 61"



Approximate pot holder size: 9" X 9"



KIT CALCULATIONS		
Daily Grind Quilt 61" x 61"		12 KITS
P2030 ALL	YARDS	BOLTS
21676 AJ (inc binding)	1½	2
21679 R	1	1
21673 A	2½	3
21672 A	½	1
21678 E	1	1
21837 SA	¼	1
21674 A (backing)	4	4

KIT CALCULATIONS		
DAILY GRIND APRON (one size fits most)		12 KITS
P20301 ALL	YARDS	BOLTS
21676 AJ	1	1
21679 R	1	1
DAILY GRIND NAPKINS (17" x 17")		12 KITS
P20302 ALL	YARDS	BOLTS
21678 E	½	1
21676 E	½	1
POT HOLDERS (9" x 9")		12 KITS
P20303 ALL	YARDS	BOLTS
21672 A (need 4 images)	¼	1
21679 R (also backing)	¼	1
21679 G (also backing)	¼	1
21676 AJ (backing, binding, border)	½	1
21678 E (binding)	¼	1

Daily Grind

Skill level: Advanced

NOTE: All seams are sewn with a ¼" seam allowance. Press all seams to the dark fabric unless otherwise stated.

Blocks: 12" finished

Cutting:

21672A – Block Panel

Fussy cut (5) 6½" x 6½" squares (Block A)

21837SA - Gold Stripe

Cut (4) strips @ 2" x Width of Fabric (WOF). Press strips in half lengthwise with wrong sides together. Sub cut each strip 36½" long. DIMENSIONAL BORDER

21678E – White Beans

Cut (2) strips @ 6½" x WOF, Sub cut (20) 3½" x 6½" (Block A)

Cut (1) strips @ 4⅞" x WOF, Sub cut (8) 4⅞" x 4⅞" (Block B)

Cut (1) strips @ 4½" x WOF, Sub cut (16) 4½" x 2½" (Block B)

21673A - Border Stripe

All border pieces are cut lengthwise, through the gold stripe between the row of "coffee cups" and the row of "coffee bean mountains". Make sure you have a ¼" seam allowance above the row of "coffee cups". Cut (4) border strips @ 11" x 66" (all strips will have the same repeat)



21679R – Red Dot

Cut (1) strips @ 4½" x WOF, Sub cut (16) 4½" x 2½" (Block B)

Cut (8) strips @ 2½" x WOF, join two strips together using diagonal seams, trim seam and press open.

Repeat to make four border strips; trim to 66" long

21676AJ – Brown Lettering – 1 3/8 yard (40.375")

Cut (6) strips @ 3½" x WOF, Sub cut (60) 3½" x 3½" (Block A)

Cut (1) strips @ 4½" x WOF, Sub cut (4) 4½" x 4½" (Block B)

Cut (1) strips @ 4⅞" x WOF, Sub cut (8) 4⅞" x 4⅞" (Block B)

Cut (4) strips @ 2½" x WOF, Sub cut (64) 2½" x 2½" (Block B)

21676AJ – Brown Lettering- 5/8 yard (15")

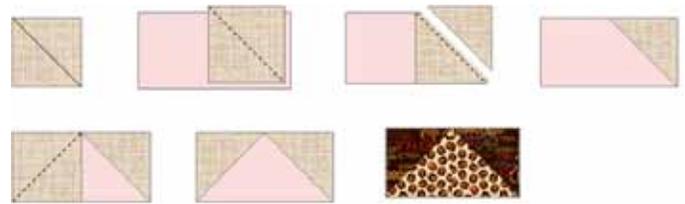
Cut (6) strips @ 2½" x WOF, join strips together using diagonal seams, trim seam and press open. Press strip in half lengthwise with wrong sides together. BINDING

21674 A Coffee Pots

Cut (2) pieces 2 yards. With right sides together sew one long selvedge edge with a 1" wide seam allowance. Trim seam allowance to ½" and press open. BACKING

Block A Square in a Square

1. Draw a line from corner to corner on the wrong side of each 3½" Brown Lettering square. With right sides together place a 3½" Brown Lettering square on the right corner of the 3½" x 6½" White Bean. Sew on the drawn line. Trim excess fabric to a ¼" and press the triangle open. Repeat on the left corner = Flying Geese Units; Make 20



2. Using one 6½" x 6½" Fussy Cut square, 4 Brown Lettering 3½" x 3½" squares and the 4 Flying Geese units, lay out the units to form a Square in a Square block as shown below. Sew the top three units together to form row 1, press the seams to the left. Now sew the three center units together to make row 2, press the seams to the right. Finally sew the bottom three units together to form row 3, press these seams to the left. Sew rows together to complete block. Repeat to make (5) blocks total.



Block B Cup and Saucer

3. Use the flying Geese construction method from Block A; Draw a line from corner to corner on the wrong side of each 2 ½” Brown Lettering square. Pair 32 Brown lettering 2 ½” x 2 ½” squares with 16 White Bean 4 ½” x 2 ½” rectangles and Pair the other 32 Brown lettering 2 ½” x 2 ½” squares with 16 Red Dot 4 ½” x 2 ½” rectangles. Make 16 units of each fabric combination.



4. Sew pairs of Flying Geese units together using one with the Red dot and one with the Coffee Beans as shown below; press the seam towards the Red Dot triangle. Make 16 units.

5. Draw a line from corner to corner on the 4 ⅞” White Bean squares. Place one square on top of a 4 ⅞” Brown Lettering square. Sew a ¼” seam on each side of the drawn line. Cut the units apart on the drawn line = 2 Half Square Triangle Units (HST unit) Repeat to make 16 units.



6. Using 4 of the paired Flying Geese units and 4 HST units along with one 4 ½” x 4 ½” Brown Lettering square, lay out the units to form a Cup and Saucer block as shown below. Sew the top three units together to form row 1, press the seams to the left. Now sew the three center units together to make row 2, press the seams to the right. Finally sew the bottom three units together to form row 3, press these seams to the left. Sew rows together to complete block. Repeat to make (4) blocks total.



7. Lay out the (12) blocks as shown in the finished quilt image. Sew the top three blocks together to form row 1, press the seams to the left. Now sew the three center blocks together to make row 2, press the seams to the right. Finally sew the bottom three blocks together to form row 3, press these seams to the left.

8. Sew the bottom of row 1 to the top of row 2. Now sew the top of row 3 to the bottom of row 2. Press the seams away from the center row.

9. Press the Gold stripe dimensional border strips in half, lengthwise.

10. With a scant ¼” seam, sew two Gold Stripe Dimensional Border strips to the left and right side of the Quilt Center with the raw edges even.

11. Sew the other two Gold Stripe Dimensional Border strips to the top and bottom of the Quilt Center with the raw edges even. The Dimensional Border lies on top of the Quilt Center. It does not add any dimensional size to the quilt.



Mitered Borders:

You will need Border Print 21673A - 4 strips @ 11”x 66”
Red Dot 21679R - 4 strips @ 2 ½”x 66”

1. On the wrong side of the quilt top, in each corner, measure ¼” in from each side. Mark this point with pencil or chalk. Do this for the other 3 corners. Also find the center of each side of the quilt top and mark with a pin. Set this aside.

2. Find the center of the length for all your strips. Mark the center with chalk on the wrong side, across the width of all strips.

3. Sew one of the border print strips to a Red Dot strip; make sure the center marks are matched. The Red Dot strip should be sewn to the bottom of the Border Print strip, below the row of “coffee bean mountains”. On 2 strip sets, press the seams towards the outer border; set these aside. On the other two strip sets, press the seams away from the outer border; set these aside also.

4. On one set of the border strip sets, measure 18 ¼” to the left and to the right of the center mark on the wrong side of the Border strips, along the Border print strip edge that will be joined to the quilt top. At this spot, measure ¼” in from the raw edge, mark with pencil or chalk. Repeat this for the other border strip set.

5. Draw a line through the mark you just made on the border that is 45 degrees from the raw edge of the outer border. Make sure that you can see the ¼” mark on the line. See image below for reference. Trim the extra border fabric leaving a ½” seam allowance.



6. Attach one set of border strips to opposite sides of the quilt top. Match the pinned center marks and the marks made on both ends of the border strip to those on the quilt top center. Sew from one ¼” corner mark to the opposite ¼” corner mark. **Do not knot or sew in reverse, leave long thread tails. Press the new seam away from the quilt top center.**

7. Attach the other set of border strips to the remaining sides of the quilt top. Match the pinned center marks and the marks made on both ends of the border strip to those on the quilt top. Sew from one ¼” corner mark to the opposite ¼” corner mark. **Do not knot or sew in reverse, leave long thread tails. Press the new seam towards the quilt top center.**

8. Fold the quilt in half diagonally, right sides together, towards the corner that you are working on. Using a pin align and interlock the seams at the ¼” corner mark and the seams, pin in place. Sew on the line you drew, leaving long thread tails, open quilt to make sure that the intersection lays flat. Tie off all the thread tails in this corner, using a square knot. Cut away excess fabric leaving at least a ¼” seam allowance. Press seam open. Repeat this on 3 remaining corners.

Layer, quilt and bind.



Napkins 17” x 17”

From 21678 E Cream Lettering and 21576 E White Beans Cut (2) squares 18” x 18” square

Folded Hem -

With the wrong side of the fabric up; press a ¼” seam allowance to the wrong side on all four edges. Repeat, folding the pressed edge ¼” to the wrong side of the fabric. Top stitch the hem in place.

Potholders 9”x 9”

Cutting:

21672A – Block Print - Fussy cut (4) 6 ½” x 6 ½” squares centering desired motifs

21679R – Red Dot - Cut one 9 ½” x 9 ½” square.

BACKING- From the remaining fabric cut (2) rectangles @ 2” x 6 ½” and (2) rectangles @ 2” x 9 ½” (sides)

21679R – Red Dot - Cut one 9 ½” x 9 ½” square.

BACKING- From the remaining fabric cut (2) rectangles @ 2” x 6 ½” and (2) rectangles @ 2” x 9 ½” (sides)

21576A – Brown Lettering – Cut (2) strips @ 2½” x WOF, Press in half lengthwise with wrong sides together for the binding. From the remaining fabric cut (2) 9 ½” x 9 ½” squares for backings. Cut (4) rectangles @ 2”x 6 ½”, (4) rectangles @ 2” x 9 ½” (sides) and cut (2) rectangles @ 1½” x 4” for the hanging loops

21578E – White Beans - Cut (2) strips @ 2½” x WOF, Press in half lengthwise with wrong sides together for the Binding and Cut (2) rectangles @ 1½” x 4” for the hanging loops

3/8 yard- insulated batting - Cut (4) 9 ½” x 9 ½” squares

Sewing

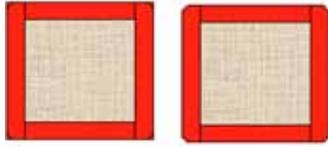
Make 4 potholders: 1 from the Red Dot fabric, 1 from the Green Dot fabric and 2 from the brown lettering fabric. Use the White Beans binding strips to finish the Brown lettering potholders and use the Brown lettering binding strips to finish the other potholders.

1. Sew the 2” x 6 ½” Red Dot strip to the top and bottom of the Fussy Cut 6 ½” x 6 ½” square. Press towards the Red Dot strip.

2. Sew the 2” x 9 ½” Red Dot strip to the left and right side of the Fussy Cut 6 ½” x 6 ½” square. Press towards the Red Dot strip. **PIECED POTHOLDER TOP**



3. On the right side of the pieced potholder draw a curve on each corner. Cut the curve on the drawn line.



4. Layer the 9 ½" x 9 ½" Red Dot square backing on the table with right side down, place the 9 ½" x 9 ½" insulated batting square on top of the backing. Place the pieced potholder on top of the insulated batting with right side facing up. Pin in place.
5. Stitch in the ditch around the Fussy Cut Image.
6. With a scant ¼" baste around the outside edge following the curved edge of the pieced potholder. Trim the corner curve fabric away from the backing and the insulated batting pieces. Set this aside.
7. Attach the Brown Lettering binding to the front only of the Potholder using your favorite method. The curve is so slight that you do not need to make a mitered corner or use bias binding. It is easier to hide the start and stopping point when you begin and end in the middle of a side.
8. Press the 1½" x 4" Brown Lettering hanging loop piece in half lengthwise with the wrong sides together. Open the hanging loop and press the 4" raw edge towards the center fold. Repeat on opposite side. Repress the center fold in place. Topstitch close to the edge of both long sides. All long raw edges should be hidden.
9. Fold the hanging loop in half and place it on the top left corner, a ½" away from the curved edge, of the backside. The hanging loop's folded end will be going towards the center of the Potholder.
10. Stitch over the hanging loop, in the seam line made when you attached the binding. Fold the Binding to the back of the Potholder and hand stitch in place. Fold the hanging loop up and tack in place. Repeat to make the 3 remaining potholders.



Apron

Cutting

21676AJ – Brown Lettering – cut a 36" x 36" square
From the remaining fabric cut (3) 4 ½" x 36", diagonally join the short ends together, trim seam allowance to ¼" and press open. Fold strip in half lengthwise with wrong sides together. **BINDING**

21679R – Red Dot – cut a 36" x 36" square
From the remaining fabric cut (2) 2" x 36", miter short end together. Trim seam to ¼" and press open. Tie piece.

Sewing

1. With right sides together join the Red dot and Brown lettering 36" x 36" squares on top of one another. Pin in place. Stitch the two layers together using a ½" seam allowance on two adjoining sides. Turn square right side out and press.

2. Attach the Brown Lettering binding to the Red Dot side of the fabric sandwich. Leave a ½" overhang of binding at the beginning and ending. Don't forget to miter the corner. Fold the ½" overhang towards the inside of the binding.

3. Press under a ½" seam allowance on the raw edge of the Brown Lettering binding. Fold the Brown Lettering binding to the back. Line up the folded edge of the ½" hem with the stitching from the previous seam and hand stitch to the Brown lettering side of the apron. This will give you a finished edge.

4. Top stitch a ¼" from the outside edge around all four sides. Top stitching looks nicer if you increase your stitch length to a 3mm. **APRON SQUARE**

5. Fold the Red Dot tie piece in half lengthwise, right sides together and stitch one long edge and one short edge with a ½" seam allowance. Press flat before you turn tie piece right out and press again.

6. On the remaining raw edge fold a ½" hem to the inside of the tie and press in place. Top stitch a ¼" around all four edges of the tie piece. Set these aside for now.

APRON TIES

7. Lay the APRON SQUARE on the table with the Red Dot side facing up and on point. The Brown Lettering binding should be at the bottom. Measure up 6" from the left corner going towards the top point of the square. Mark with a pin. Measure up 6" from the right corner going towards the top point of the square. Mark with a pin.



8. Fold the top point down, stopping at the pins. You will now see a Brown Lettering triangle. Rearrange this fold until you are happy with the appearance. Pin along the folded edge.

9. Top stitch 1 ½" from the folded edge. This will create a casing for the APRON TIE to go through.



10. Thread APRON TIE through the casing. Make a vertical, top stitch line in the center of the casing though all thickness. This will keep the APRON TIE from pulling out of the casing.

While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies.